presents

Reflect, Recharge + Reinforce

Facilitated by Homa Tavangar
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1. Reflect + Recharge: 
   LIVE Like Ruth

2. Reinforce: 
   LEAD Like Ruth
Honoring a great legacy. We could not be here today without the courage and determination of Justice Ruth Bader Ginsberg.
A Few Rights RBG Helped Women Gain:

- The right to sign a mortgage without a man
- The right to have a bank acct without a male co-signer
- The right to have a job without being discriminated based on gender
- The right for women to be pregnant/have kids and work
- The right of both men and women to receive Social Security survivor benefits if their spouse dies.
Today is Women’s Suffrage Day in New Zealand. Sadly it’s also the day that US Supreme Court Justice, Ruth Bader Ginsburg, has passed away. Those who fought for the right for women to vote knew there were other challenges ahead in the battle for equality. People like Ruth Bader Ginsburg carried on that fight. She was tireless, determined, and made an immeasurable difference to the lives of so many. RIP to the notorious RBG.
Let’s check in.
In the chat please offer the name of a woman – living or deceased – who inspires you or has been a mentor to you in your career.
We are here to hit the pause button ...
Self-care can be an act of courage – and even rebellion.

(From August session)
Self-care can be an act of honoring and remembering.
As we honor, we learn from the legacy of lives well lived.
Breathe...
In Jewish tradition, a person who dies on Rosh Hashanah is a tzaddik, a person of great justice and righteousness.
Reflection

When we say "may her memory be for blessing" the blessing we speak of is not "may we remember her fondly" or "may her memory be a blessing to us." The blessing implied is this: May you be like Ruth. Jewish thought teaches us that when a person dies, it is up to those who bear her memory to keep her goodness alive.
Reflection

We keep her goodness alive by remembering her, we do this by speaking her name, we do this by carrying on her legacy. We do this by continuing to pursue justice, righteousness, sustainability; by teaching and showing courage.
We each can honor Ruth Bader Ginsburg by asking ourselves, "What would Ruth do?" Using this as a guide in our own lives will keep her with us.

-Gloria Steinem

The more we learn about her words and deeds, the more she will remain a force in our lives and the world around us.
A Few Life Lessons from Ruth Bader Ginsburg
Be Focused, Fully Present and Set Boundaries

My success in law school, I have no doubt, was in large measure because of baby Jane. I attended classes and studied diligently until 4 in the afternoon; the next hours were Jane’s time, spent at the park, playing silly games or singing funny songs, reading picture books and A. A. Milne poems, and bathing and feeding her. After Jane’s bedtime, I returned to the law books with renewed will. Each part of my life provided respite from the other and gave me a sense of proportion that classmates trained only on law studies lacked.
“No law firm in the City of New York would hire me. I end up teaching, that gave me time to devote to the movement for evening out the rights of women and men. I was not nominated to a vacancy on the Second Circuit. I was nominated for the DC Circuit. Much better place for me to be, because DC Circuit decides important cases involving what’s going on in our government...

“Justice O’Conner once said to me: Suppose we had come of age at a time when women were welcomed to the Bar. We would be retired partners from some large firm. But because that route was not open to us, we had to find another way and we both ended up on the United States Supreme Court.”
Overcoming Obstacles:
After she graduated from Columbia -- where she had transferred from Harvard due to her husband's employment -- she was rejected from the first 14 law firms she applied to because she was a woman. A few years later, Ginsburg would start the Women's Rights Law Reporter, the first law review in the United States dedicated to legal issues around women's rights. Two years later, Ginsburg founded the ACLU Women's Rights Project.
Be present and have interests outside her work

RBG was passionate about opera and talked about how the rest of the world faded into the background when she was at a performance. She was not thinking about a case, only what was before her at the moment.

She befriended many individuals in the opera world and was one of their most beloved audience members.
Regulate your anger

Though her mother died the day before her high school graduation when RBG was 17, she says her mother taught her to avoid “useless emotion” such as anger. “You can’t win an argument by yelling,” she says. Her calm demeanor has helped her deliver scores of dissenting opinions in deliberate and thoughtful tones, allowing for conversations to begin and not end.
Take care of your body (& maintain great sense of humor)

Until recently she had a personal trainer and did daily pushups, planks and lifted weights—sometimes asking for heavier weights. Having survived two separate bouts of cancer, RBG was deliberate about her health and workout routines and said she felt energized and ready to go after a workout.
Break-out Groups:
Discuss some of the outstanding qualities of RBG and how you might strive to live and grow these. Including but not limited to:

• Be Focused, Fully Present and Set Boundaries
• Show Resilience, Gratitude and Find Silver Linings – even amidst tremendous obstacles
• Be present and have interests outside of work
• Regulate your anger
• Take care of your body
“The True Symbol of The United States is Not the Bald Eagle, it is the Pendulum and when the Pendulum Swings too far in one Direction, It Will Go Back.” - Ruth Bader Ginsburg
it was this sharpness and steadfast approach over her decades-long career that turned Justice Ginsburg into a feminist icon — not just for women but for men, too — whose presence on the Supreme Court led an entire generation of young girls and boys to take the image of a woman in a decision-making role in the country’s highest court as a given.

“How fortunate I was to be alive and a lawyer when, for the first time in United States history, it became possible to urge, successfully, before legislatures and courts, the equal-citizenship stature of women and men as a fundamental constitutional principle.
Before we check out: what is one quality from RBG that you will strive to live?

Gracias, Merci, Xiè xiè, شكراً, Thanks!

To reach Homa:
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We will start at the top of the hour. Please feel free to take a break, get a snack, whatever you need. Or, stay with us to visit until we begin our next section, “Reinforce.”
Reinforce

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Reinforce – this is our time to amplify experiences, voices, reflections and to grow
From Life Lesson to Leadership Lessons:

• Hope as a discipline
• Realistic not fatalistic
• How did this woman, from a different generation, with so many obstacles in her path, become known as the Notorious RBG?
Leadership Lessons:

• Hope as a discipline
• Realistic not fatalistic
• How did this woman, from a different generation, with so many obstacles in her path, become known as the Notorious RBG?
As one of the first lawyers chosen to participate in the ACLU’s Women’s Rights Project, she was extremely picky about which cases she decided to take. She looked for strategic cases that would translate into a meaningful, lasting change in the law.

She described her deliberate choices of cases toward a larger goal “like knitting a sweater.”
Take the long view

• As an advocate for gender equality under the law, Ginsberg did not try to overturn the status quo overnight. The first case she argued before the Supreme Court, about gender discrimination in military benefits, was seen as a relatively narrow matter. However, Ginsberg took the occasion to broadly criticize the prevalence of gender-based assumptions in the law.

• Essentially, Ginsberg was making one massive argument—for total gender equality under the law—out of a series of smaller debates. She prevailed in five of the six cases she argued before the Supreme Court.
Working across diverse personalities and opinions

“Despite our strong disagreements on cardinal issues — think, for example, of controls on political campaign spending, affirmative action, access to abortion — we genuinely respect one another, even enjoy one another’s company.

Collegiality is crucial to the success of our mission. We could not do the job the Constitution assigns to us if we didn’t.

“Fight for the things that you care about. But do it in a way that will lead others to join you.” — Ruth Bader Ginsburg
“Do you have some good advice you might share with us?”

Yes, I do. It comes from my savvy mother-in-law, advice she gave me on my wedding day. “In every good marriage,” she counseled, “it helps sometimes to be a little deaf.” I have followed that advice assiduously, and not only at home through 56 years of a marital partnership nonpareil. I have employed it as well in every workplace, including the Supreme Court. When a thoughtless or unkind word is spoken, best tune out. Reacting in anger or annoyance will not advance one’s ability to persuade.
Some of the Life Lessons:
• Be Focused, Fully Present and Set Boundaries
• Show Resilience, Gratitude and Find Silver Linings – even amidst tremendous obstacles
• Be present and have interests outside of work
• Regulate your anger
• Take care of your body

PLUS Leadership Lessons:
• Pick Winners
• Take the Long View
• Work across diverse personalities and opinions
Break-out Groups:

• How can you see HOPE AS A DISCIPLINE?
• How do you build a bridge to work with an ideological or professional 'opposite' without erasing your views, approaches, instinct...remaining true to yourself?
Reflections
Thank you!

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