Women’s Symposium
#LiftEachOtherUp
Creative Leadership

Oct. 24, Nov. 28, Dec. 12, 2022
Facilitated by @cho_liz
PARTICIPANTS WILL:

• Clarify their own WHY
• Set and commit to norms together
• Experience taking positive risks
• Define vulnerability and practice it
“I always thought that there was nothing an antifeminist would want more than to have women only in women’s organizations, in their own little corner empathizing with each other and not touching a man’s world. If you’re going to change things, you have to be with the people who hold the levers.”
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Norms

Be present.
Listen to understand.
Speak to be helpful.
What else should we add?
Why are you here?

What do you wish to get out of this seminar in our 3 sessions together?

What is your role in this seminar as a participant?

What do you perceive my role in this seminar to be?

What is our role as learners when it comes to application & action?
“This is the greatest invention in the world, because…”
“This is the greatest invention in the world, because…”

How this works:
1. Name chosen at random
2. An image will show
3. Convince us by finishing the above stem with whatever you got
4. 25 seconds
“This is the greatest invention in the world, because…”
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“This is the greatest invention in the world, because…”
“This is the greatest invention in the world, because…”
Don't strain the brain.
Train the brain.
Why are you here?
What do you wish to get out of this seminar in our 3 sessions together?
What is your role in this seminar as a participant?
What do you perceive my role in this seminar to be?
What is our role as learners when it comes to application & action?
Why are you [at name-your-school]?
What do you wish to get out of this [team] in our [academic year] together?
What is your role in this [team] as a participant?
What do you perceive my role in this [team] to be?
What is our role as learners when it comes to application & action?
Vulnerability def’n:
Uncertainty, risk, emotional exposure. Vulnerability takes “Courage”

“Courage” from Latin word “Cor”, meaning “heart”: To tell the story of who you are with your whole heart.
Vulnerability

Courage
Compassion
Connection

Shame: birth place of joy, creativity, belonging, love
"I lost the fight [against vulnerability] but won my life back."
Vulnerability

Pitfalls:
- Uncertainty
- Blame
- Pretense
Pitfalls:

- Uncertainty
- Blame
- Pretense

Validate.
Practice gratitude & joy.
Be kind & gentle.
Learn & grow.
“Values are not just what we believe. It’s how we show up everyday. [...] You can’t even walk the talk unless you know what [your] values are.”
Values

<table>
<thead>
<tr>
<th>Accountability</th>
<th>Competence</th>
<th>Humility</th>
<th>Loy</th>
<th>Respect</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Achievement</td>
<td>Confidence</td>
<td>Humor</td>
<td>Making a difference</td>
<td>Responsibility</td>
<td>Tradition</td>
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<tr>
<td>Adaptability</td>
<td>Connection</td>
<td>Inclusion</td>
<td>Nature</td>
<td>Risk-taking</td>
<td>Travel</td>
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<tr>
<td>Adventure</td>
<td>Contentment</td>
<td>Independence</td>
<td>Openness</td>
<td>Safety</td>
<td>Trust</td>
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<td>Altruism</td>
<td>Contribution</td>
<td>Initiative</td>
<td>Optimism</td>
<td>Security</td>
<td>Truth</td>
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<tr>
<td>Ambition</td>
<td>Cooperation</td>
<td>Integrity</td>
<td>Order</td>
<td>Self-discipline</td>
<td>Understanding</td>
</tr>
<tr>
<td>Authenticity</td>
<td>Courage</td>
<td>Intuition</td>
<td>Parenting</td>
<td>Self-expression</td>
<td>Uniqueness</td>
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<tr>
<td>Balance</td>
<td>Creativity</td>
<td>Job security</td>
<td>Patience</td>
<td>Self-respect</td>
<td>Usefulness</td>
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<tr>
<td>Beauty</td>
<td>Curiosity</td>
<td>Joy</td>
<td>Patriotism</td>
<td>Serenity</td>
<td>Vision</td>
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<tr>
<td>Being the best</td>
<td>Dignity</td>
<td>Justice</td>
<td>Peace</td>
<td>Service</td>
<td>Vulnerability</td>
</tr>
<tr>
<td>Belonging</td>
<td>Diversity</td>
<td>Kindness</td>
<td>Perseverance</td>
<td>Simplicity</td>
<td>Wealth</td>
</tr>
<tr>
<td>Career</td>
<td>Environment</td>
<td>Knowledge</td>
<td>Personal fulfillment</td>
<td>Spirituality</td>
<td>Well-being</td>
</tr>
<tr>
<td>Caring</td>
<td>Efficiency</td>
<td>Leadership</td>
<td>Power</td>
<td>Sportsmanship</td>
<td>Wholeheartedness</td>
</tr>
<tr>
<td>Collaboration</td>
<td>Equality</td>
<td>Learning</td>
<td>Pride</td>
<td>Stewardship</td>
<td>Write your own</td>
</tr>
<tr>
<td>Commitment</td>
<td>Ethics</td>
<td>Legacy</td>
<td>Recognition</td>
<td>Success</td>
<td></td>
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<tr>
<td>Community</td>
<td>Excellence</td>
<td>Leisure</td>
<td>Reliability</td>
<td>Teamwork</td>
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<tr>
<td>Compassion</td>
<td>Fairness Faith</td>
<td>Love</td>
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<td>3:00</td>
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</tbody>
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Wrap Up

Checking in: Have we…

• Clarified your own WHY?
• Set and committed to the norms together?
• Experienced taking positive risks?
• Defined vulnerability and practiced it?
Homework:

I thought it was a good idea to…
I realized that it wasn’t a good idea when…
If I could go back to that moment, I would now…